



FBU NATIONAL CHAMPIONSHIP

THE PATH TO NAPLES

Football University National Championship

Sample Tryout Itinerary

Sample below is if your tryout was at 1pm.

- 12:00pm: Player Check In
- 12:45pm: Coaches meeting
- 1:00pm: Players in Stands / Introductions & Overview
 - Intro yourself and your role
 - Intro head coaches and team moms
 - Describe who FBU is and all the events we run (can find on our website)
 - Teams you will have and the age cutoffs
 - Practice Locations & Dates (rough). Can start padded practices on 11/1
 - Must have own equipment head to toe. FBU does not provide.
 - Some athletes will be chosen today but we'll have more tryouts before we finalize teams. Can come back & tryout again
 - Regional Dates & Locations. Everyone provides own travel based on teams and when they play that Saturday
 - Guaranteed 2 games/Winners (must win Saturday and Sunday) advance to Naples December 18-22
 - 8U/10U go straight to Naples for National tournament December 18-22 (NO regionals)
 - ALL questions about rules, age cutoffs, teams, etc. can be found by going to www.fbunc.com
 - Next tryout date or if you have you can announce.
 - Q&A
- 1:15pm: ALL UP stretch (all teams)
- 1:25pm: Break out into 8U, 10U, 6th, 7th & 8th grade with coaches
- 1:30pm: Individual position work, Routes on air, 1v1's
- 2:15pm: Water Break
- 2:30pm: 7V7 offense vs Defense (create play cards for both)
- 2:50pm: 1V1 challenge (WR/DB, LB/RB, OL/DL)
- 3:00pm: Tryout Ends. Announce Invites. Take picture of invited kids with official invite card in hand
- 3:15pm: Thank people for coming. Announce next tryout date. And when people can maybe expect to receive an invite.

WHERE FOOTBALL PLAYERS GET BETTER

